

Optimum HealthCare, Inc. Medication Therapy Management

Medication Therapy Management (MTM) Programs are required by the Centers for Medicaid and Medicare Services (CMS) for all Part D Prescription Drug Plans (PDP) and Medicare Advantage Plans (MA). This program is not considered a benefit. MTM Programs are required by CMS to include enrollees that meet the following requirements:

- Part D Medication expense of over \$3,000 per year
- Multiple chronic diseases
- Multiple medications

Optimum HealthCare, Inc. has developed specific criteria using the general guidelines provided by CMS to enhance the care and quality of life of our Medicare MTM members. Medicare enrollees will be automatically enrolled in the program if they meet *all* of the criteria below. However, participation is voluntary and members are given the opportunity to dis-enroll (opt-out) at any time.

1. Medicare enrollee must have any three (3) of the four (4) of the chronic medical conditions listed below:
 - a) Diabetes Mellitus
 - b) Heart Failure
 - c) Hypertension
 - d) Dyslipidemia
2. The Medicare enrollee must receive a minimum of eight (8) covered Part D medications per month.
3. The Medicare enrollee must have a projected annual drug expense of over \$3,000 per year.
 - Medicare enrollees eligible for the MTM program will be enrolled automatically. Participation is voluntary and members are given the opportunity to disenroll (opt-out) at any time
 - At any time, a beneficiary, a beneficiary's representative or beneficiary's physician may request that they not participate in this program and they will no longer be enrolled/eligible. Members will also be disenrolled if they leave the Plan. **Please Note:**
Disenrollment from the MTM program does not disenroll you from your health plan.

For additional information you can call Member Services at 1-866-245-5360. Hours of operation from November 15, 2009 to March 1, 2010, are 7 days a week from 8:00 AM to 8:00 PM. From March 2, 2010 to November 14, 2010, hours of operation are Monday through Friday from 8:00 AM to 8:00 PM. TTY/TDD users should call 1-800-955-8771.