

Preventive Screening Guide for Key HEDIS® Measures

Note: It is the physician's professional obligation to follow HEDIS® and coding guidelines and document accordingly in their medical records and that medical records can be subject to audit from time to time for coding specification accuracy as well as HEDIS® hybrid specification accuracy.

Measure Name (Complete HEDIS® Measure Name)	Members requiring measure	Intervention Required	Frequency
BMI (Adult BMI Assessment)	Patients 18-74 years of age	BMI (Body Mass Index) and weight assessment	Once every 2 years
Breast CA Scrn (Breast Cancer Screening)	Women 50-74 years of age	Mammogram to screen for breast cancer	Once every 2 years, 3 months (27 months)
COA: Func. Stat (Care for Older Adults: Functional Status Assessment)	Patients 66+ years of age	<p>Must complete one of the following:</p> <ul style="list-style-type: none"> • Documentation in the medical record of three out of the four items assessed: cognitive status, ambulation status, sensory ability (including hearing, vision, speech), or other functional independence (e.g., exercise, ability to perform job) • Notation that Activities of Daily Living (ADL) were assessed or that at least five of the following were assessed: bathing, dressing, eating, transferring [e.g., getting in and out of chairs], using toilet, walking. • Notation that Instrumental Activities of Daily Living (IADL) were assessed or at least four of the following were assessed: shopping for groceries, driving or using public transportation, using the telephone, meal preparation, housework, home repair, laundry, taking medications, handling finances. 	Annual
COA: Pain Asmt (Care for Older Adults: Currently listed in the portal as Pain Screening)	Patients 66+ years of age	Documentation in the medical record must include evidence of a pain assessment and the date when it was performed.	Annual
COA: Advance Care Planning	Patients 66+ years of age	<p>Documented evidence of advance care planning which must include one of the following:</p> <ul style="list-style-type: none"> •The presence of an advance care plan in the medical record on or before December 31 of the measurement year. •Documentation of an advance care planning discussion with the provider and the date when it was discussed. The documentation of discussion must be noted during the measurement year. •Notation that the member previously executed an advance care plan. The notation must be dated on or before December 31 of the measurement year. 	Annual
COA: Rx Review (Care for Older Adults: Medication Review)	Patients 66+ years of age	List of medications and an evidence of a review of these medications in the calendar year on the same DOS	Annual
Colon CA Scrn (Colorectal Cancer Screening)	Patients 50-75 years of age	Must complete one of the following:	
		FIT - DNA	Once every 3 years
		CT- Colonography	Once every 5 years
		FOBT ¹ or;	Annual
		Flexible Sigmoidoscopy or;	Once every 5 years
Colonoscopy	Once every 10 years		
DM: Eye Exam (Diabetic: Eye Exam)	Patients 18-75 years of age with diabetes	Eye exam for diabetic retinal disease by ophthalmologist or optometrist.	Once every 2 years
DM: HbA1c ≤ 9% (Diabetic: HbA1c Poorly Controlled >9)	Patients 18-75 years of age with diabetes	Most recent HbA1c test - result must be ≤ 9% to be compliant.	Annual
DM: Nephro (Diabetic: Monitoring Diabetic Nephropathy)	Patients 18-75 years of age with diabetes	<p>Any one of the following,</p> <ul style="list-style-type: none"> -Urine test for albumin or protein. -Evidence of ACE inhibitors/ARB therapy 	Annual
Osteo Mgmt. (Osteoporosis Management in Women Who Had a Fracture)	Women 67-85 years of age who have had a fracture	Bone Mineral Density Test or Osteoporosis therapy or prescription for a drug to treat or prevent osteoporosis. For a complete list of drugs go to: https://www.ncqa.org/hedis/measures/hedis-2019-ndc-license/hedis-2019-final-ndc-lists/	Within 180 days of fracture
RA Drug Tx (Disease Modifying Anti-Rheumatic Drug Therapy for Rheumatoid Arthritis)	Patients 18+ years of age diagnosed with Rheumatoid Arthritis	At least one prescription of a Disease Modifying Anti-Rheumatic Drug (DMARD) dispensed. For a complete list of drugs go to: https://www.ncqa.org/hedis/measures/hedis-2019-ndc-license/hedis-2019-final-ndc-lists/	Annual
Well Visit (Adults' Access to Preventive/Ambulatory Health Services)	Patients 20+ years of age	Preventive care visit	Annual

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SPC: Statin Therapy Recv'd	Patients males 21-75 years of age and females 40-75 years of age	Dispensed at least one high-intensity or moderate intensity-statin medication. For a complete list of drugs go to: https://www.ncqa.org/hedis/measures/hedis-2019-ndc-license/hedis-2019-final-ndc-lists/	Annual
CBP- Controlling High Blood Pressure	Patients 18 - 85 years of age	Documentation of latest blood pressure reading - results must be systolic <140mmhg and diastolic <90mmhg to meet compliance.	Annual

1) Note: FOBT tests performed in an office setting, or performed on a sample collected via a Digital Rectal Exam (DRE) DO NOT MEET Criteria