

Preventive Screening Guide for Key HEDIS® Measures

Note: It is the physician's professional obligation to follow HEDIS® and coding guidelines and document accordingly in their medical records and that medical records can be subject to audit from time to time for coding specification accuracy as well as HEDIS® hybrid specification accuracy.

Measure Name (Complete HEDIS® Measure Name)	Eligible Members	Intervention Required	Telehealth Opportunities	Frequency
Breast CA Scrm (Breast Cancer Screening)	Women 50-74 years of age	Mammogram to screen for breast cancer	• Schedule a mammogram appointment, when appropriate.	Once every 2 years, 3 months (27 months)
CBP (Controlling High Blood Pressure)	18-85 years of age	Documentation of latest blood pressure reading - results must be systolic <140mmhg and diastolic <90mmhg to meet compliance.	• Claim submission of latest BP reading (taken by the member) during a Telephone visit, E-Visit or Virtual Check-In or via Remote Monitoring device during the calendar year.	Annual
COA: Adv Care Plan (Care for Older Adults: Advance Care Planning)	66+ years of age	Documented evidence of advance care planning which must include one of the following: • The presence of an advance care plan in the medical record on or before December 31 of the measurement year. • Documentation of an advance care planning discussion with the provider and the date when it was discussed. The documentation of discussion must be noted during the measurement year. • Notation that the member previously executed an advance care plan. The notation must be dated on or before December 31 of the measurement year.	• Services rendered during a Telephone Visit, E-Visit or Virtual Check-In meet criteria for the COA: Advance Care Planning, COA: Functional Status Assessment, COA: Pain Assessment and COA: Rx Review indicators. • COA: Rx Review - Member is not required to be present for PCP to complete a medication review	Annual
COA: Func. Stat (Care for Older Adults: Functional Status Assessment)	66+ years of age	Must complete one of the following: • Assessment using a standardized functional status assessment tool (i.e. – Barthel Index, ALSAR, ADLS) • Notation that Activities of Daily Living (ADL) were assessed or that at least five of the following were assessed: bathing, dressing, eating, transferring [e.g., getting in and out of chairs], using toilet, walking. • Notation that Instrumental Activities of Daily Living (IADL) were assessed or at least four of the following were assessed: shopping for groceries, driving or using public transportation, using the telephone, meal preparation, housework, home repair, laundry, taking medications, handling finances.		
COA: Pain Asmt (Care for Older Adults: Pain Assessment)	66+ years of age	Documentation in the medical record must include evidence of a pain assessment and the date when it was performed.		
COA: Rx Review (Care for Older Adults: Medication Review)	66+ years of age	List of medications and an evidence of a review of these medications in the calendar year on the same DOS		
Colon CA Scrm (Colorectal Cancer Screening)	50-75 years of age	Must complete one of the following: FIT - DNA CT - Colonography FOBT ¹ Flexible Sigmoidoscopy Colonoscopy		
DM: Eye Exam (Diabetic: Eye Exam)	18-75 years of age with diabetes	Eye exam for diabetic retinal disease by ophthalmologist or optometrist.	• Schedule an eye exam appointment, when appropriate.	Once every 2 years
DM: HbA1c ≤ 9% (Diabetic: HbA1c Poorly Controlled >9)	18-75 years of age with diabetes	Most recent HbA1c test - result must be ≤ 9% to be compliant.	• Schedule an HbA1c test appointment, when appropriate.	Annual
DM: Nephro (Diabetic: Monitoring Diabetic Nephropathy)	18-75 years of age with diabetes	Any one of the following, - Urine test for albumin or protein. - Evidence of ACE inhibitors/ARB therapy.	• Schedule nephropathy screening or monitoring test appointment, when appropriate.	Annual
Osteo Mgmt. (Osteoporosis Management in Women Who Had a Fracture)	Women 67-85 years of age who have had a fracture	Bone Mineral Density Test or Osteoporosis therapy or prescription for a drug to treat or prevent osteoporosis. For a complete list of drugs go to: www.ncqa.org (Note: The NDC list is available for free in the NCQA Store. User account at my.ncqa.org is required to download)	• Schedule a DEXA test appointment, when appropriate. • Send script for an osteoporosis medication, if appropriate.	Within 180 days of fracture
Well Visit (Adults' Access to Preventive/Ambulatory Health Services)	20+ years of age	Preventive care visit	• At least one Telehealth Visit or Online Assessment in the calendar year.	Annual
SPC: Statin Therapy Recv'd (Statin Therapy for Patients With Cardiovascular Disease: Received Statin Therapy)	Males 21-75 years of age and Females 40-75 years of age	Dispensed at least one high-intensity or moderate intensity-statin medication. For a complete list of drugs go to: www.ncqa.org (Note: The NDC list is available for free in the NCQA Store. User account at my.ncqa.org is required to download)	• Send script for appropriate high-intensity or moderate-intensity statin medication; consider 90-day refills when applicable.	Annual
TRC: MRP (Transitions of Care: Medication Reconciliation Post-Discharge)	18+ years old after a discharge from an inpatient facility	Documentation of medication reconciliation done within 30 days after discharge in the medical record for each discharge during the calendar year.	• Services rendered during a Telephone Visit, E-Visit or Virtual Check-In meet criteria. • A medication reconciliation performed without the member present meets measure compliance.	Within 30 days of each discharge

Note: 1) FOBT tests performed in an office setting, or performed on a sample collected via a Digital Rectal Exam (DRE) DO NOT MEET Criteria.

*Source: HEDIS® MY 2021 Volume 2: Technical Specifications for Health Plans