



Vision Plan Benefits						
Coverage	Optimum Gold Plan (HMO): 019 Optimum Gold Rewards Plan (HMO): 022, 026 Optimum Diamond Rewards (HMO C-SNP): 034 Optimum Diamond Rewards COPD (HMO C-SNP): 035	Optimum Diamond Savings (HMO C-SNP): 030 Optimum Diamond Savings COPD (HMO C-SNP): 031	Optimum Gold Rewards Plan (HMO): 001 Optimum Platinum Plan (HMO): 002 Optimum Diamond Rewards (HMO C-SNP): 028 Optimum Diamond Rewards COPD (HMO C-SNP): 029 Optimum Gold Plus Plan (HMO): 032 Optimum Diamond Plan (HMO C-SNP): 036	Optimum Emerald Partial (HMO D-SNP): 016 Optimum Emerald Full (HMO D-SNP): 017		
Comprehensive Eye Examination	\$0 co-pay	\$0 co-pay	\$0 co-pay	\$0 co-pay		
Frame and Eyeglass lens (Standard plastic) This benefit may not be combined with any other discounts or promotional offers. For premium frames, progressive lenses, and additional lens treatment upgrades, the member receives vision vendor's discounted rate. (These are Value-Added Items and Services (VAIS) and are not plan benefits and are not part of the plan's benefit package.)	\$10 co-pay includes CR-39 clear plastic lenses and standard frame (\$100 Benefit Member pays any amount over \$100) • Single vision • Lined bifocal (FT 28) • Lined trifocal (FT 7x28) \$30 co-pay for CR-39 clear plastic standard progressive lenses. \$30 co-pay for CR-39 plastic standard photochromic lenses. Lens and Frame Upgrades: Member pays iCare's discounted rate.	\$10 co-pay includes CR-39 clear plastic lenses and standard frame (\$150 Benefit Member pays any amount over \$150) • Single vision • Lined bifocal (FT 28) • Lined trifocal (FT 7x28) \$30 co-pay for CR-39 clear plastic standard progressive lenses. \$30 co-pay for CR-39 plastic standard photochromic lenses. Lens and Frame Upgrades: Member pays iCare's discounted rate.	\$0 co-pay includes CR-39 clear plastic lenses and standard frame (\$300 Benefit Member pays any amount over \$300) • Single vision • Lined bifocal (FT 28) • Lined trifocal (FT 7x28) \$30 co-pay for CR-39 clear plastic standard progressive lenses. \$30 co-pay for CR-39 plastic standard photochromic lenses. Lens and Frame Upgrades: Member pays iCare's discounted rate.	\$0 co-pay includes CR-39 clear plastic lenses and standard frame (\$400 Benefit Member pays any amount over \$400) • Single vision • Lined bifocal (FT 28) • Lined trifocal (FT 7x28) \$30 co-pay for CR-39 clear plastic standard progressive lenses. \$30 co-pay for CR-39 plastic standard photochromic lenses. Lens and Frame Upgrades: Member pays iCare's discounted rate.		
Contact Lenses	\$10 co-pay	\$10 co-pay	\$0 co-pay	\$0 co-pay		
(in lieu of eyeglasses) Conventional or Disposable	\$100 benefit; Member pays any amount over \$100. Contact lens fitting fee is not a covered benefit.	\$150 benefit; Member pays any amount over \$150. Contact lens fitting fee is not a covered benefit.	\$300 benefit; Member pays any amount over \$300. Contact lens fitting fee is not a covered benefit.	\$400 benefit; Member pays any amount over \$400. Contact lens fitting fee is not a covered benefit.		
Glasses or Contacts after Cataract Surgery	\$0 co-pay Medicare allowable benefit limit. Contact lens fitting fee is not a covered benefit. Progressives and photochromic lenses not covered.	\$0 co-pay Medicare allowable benefit limit. Contact lens fitting fee is not a covered benefit. Progressives and photochromic lenses not covered.	\$0 co-pay Medicare allowable benefit limit. Contact lens fitting fee is not a covered benefit. Progressives and photochromic lenses not covered.	\$0 co-pay Medicare allowable benefit limit. Contact lens fitting fee is not a covered benefit. Progressives and photochromic lenses not		

Benefit Frequencies	All plans except Medi-Medi:	Optimum Medi-Medi Partial and Full (016 and 017)
Eye Examination	Once every 12 months	Once every 12 months
Eyeglass Lenses	Once every 12 months	Twice every 12 months
Eyeglass Frames	Once every 12 months	Twice every 12 months
Contact Lenses	Once every 12 months	Twice every 12 months
Glasses or Contacts (after Cataract Surgery)	Once after cataract Surgery	Once after cataract Surgery
LASIK	Not Covered	Not Covered

iCare Network includes independent and national retail providers

The iCare provider network is comprised of both independent and national retail optical locations.

Please visit our website at

www.myicarehealth.com and choose
Optimum Healthcare Medicare Routine Vision.

Optimum HealthCare, Inc.
Toll Free: 1-866-245-5360 • TTY: 711
www.myicarehealth.com



HearUSA Toll Free: 1-800-442-8231 • TTY: 1-888-300-3277

Monday - Friday 8am - 8pm



Optimum HealthCare members receive these benefits through HearUSA:

- \$0 co-pay routine hearing exam, one every year.
- **\$0 co-pay** for \$1,000 (\$500 per ear) towards two hearing aid (019, 022, 026, 030, 031, 034, 035)
- **\$0 co-pay** for \$1,500 (\$750 per ear) towards two hearing aid (001, 002, 028, 029, 032, 036)
- **\$0** co-pay for \$2,000 (\$100 per ear) towards two hearing aid (016, 017)
- \$0 co-pay for hearing aid evaluations/hearing aid fitting, one every year.
- Selection of quality digital products featuring choice of style and technologies. Annual cleaning and check of hearing aids.

You must go to a participating provider. If your plan has an out of network benefit, please review your evidence of coverage or call the plan's Member Services Department for details.

www.hearusa.com

Wellness and Health Care Planning Services: (Only in plans 016, 017)

Members are eligible for advance care planning (ACP) services through MyDirectives® To get started, access the link to MyDirectives® from

the Member Portal on our website at www.youroptimumhealthcare.com.

Click on Member Portal, log in to register.

Personal Emergency Response System (PERS): (Only in plans 016, 017, 028, 029, 036)

With a Personal Emergency Response System (PERS), help is a button press away. PERS is a monitoring device that can provide you with confidence, knowing you have quick access to the help you need 24 hours a day in any situation. The device is a lightweight, discreet button that is worn as a pendant (automatic fall detection and mobile options available).

For more information contact Member Services Department.

Fitness

Optimum has partnered with SilverSneakers® to provide our fitness benefit which is available on all of our plans. Please visit their website at

www.silversneakers.com or call our Member Services Department for the most updated participating network facilities and information on how to utilize the benefit. Please take your Optimum ID to the participating network facility on your first visit.

Limitations/Restrictions:

- Health Club Memberships are limited to participating providers. Please contact Member Services for details and to locate a participating provider. (Phone numbers are printed on the back cover of this booklet).
- You should always consult your physician or other healthcare provider before changing your diet or starting an exercise program

Personal Trainers are not covered.

In Home Support (Papa's Pals): (Only in plans 001, 002, 016, 017, 028, 029, 032, 036) Assistance for services such as:

- Companionship: conversation, board games, reading, hobbies
- Technical Guidance: assist with learning telehealth services to connect with physician, help install devices
- Exercise and Activity: walking or biking
- Household chores: light cleaning, organization, laundry
- Assistance from a distance: virtual services and companionship.

For more information or schedule services please call 1-888-330-9554 (TTY: 711). Must use the plan's contracted provider/vendor.

Everyday Options Allowance (Only in plans 016, 017, 028, 029, 036)

Everyday Options Allowance provides you with a combined monthly spending allowance of \$85 (028, 029, 036) or \$175 (016, 017) on your Benefits Prepaid Card. This spending allowance can be used to pay for:

- Food items like fresh meats, fruits, vegetables, pantry staples, and more.
- Home and Pet Care Supplies like paper products, food storage, household cleaning products, and pet care items.
- Utilities

You may not use this card to purchase items such as tobacco or alcohol. The Benefits Prepaid Card is automatically loaded at the beginning of each month. Unused amounts do not roll over and must be used by the end of each month.

Transportation

Transportation by taxi, bus/subway, van, and other approved methods to Plan approved locations, see limitations below. Please contact Member Services for details and to locate a participating vendor. (Phone numbers are printed on the back cover of this booklet).

Limitations/Restrictions:

Consult your Evidence of Coverage for the number of rides you are allowed.

- This benefit is not intended for Medical emergencies. For Medical emergencies, ambulance co-pay applies.
- Plan approved locations are only for medical appointments and health needs; such as PCP and specialist visits or drop off and pick up for planned medical procedures (i.e. routine blood draw, surgery, x-rays, routine eye exams).
- Transportation is intended for rides within your county.
- Call to schedule a ride at least 72 hours prior to scheduled medical appointment. Have the following information ready: Address of appointment, office phone number, appointment date and time.

To utilize this benefit for facility to facility transportation, advance notice may be required. Please contact member services for additional information.

Flex Account - Active Fitness (Only in plans 001, 002, 028, 029, 032, 036)

The plan covers a spending allowance of \$500 per year towards the payment of daily access fees for golf, tennis, or swimming. Any unused amounts do not carry forward to the next calendar year.

For more information about this benefit please contact Member Services.



Optimum HealthCare, Inc. is an HMO plan with a Medicare contract and a contract with the state Medicaid program. Enrollment in Optimum HealthCare, Inc. depends on contract renewal.

Optimum HealthCare, Inc. complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Optimum HealthCare, Inc. cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo. Optimum HealthCare, Inc. konfôm ak Iwa sou dwa sivil Federal ki aplikab yo e li pa fè diskriminasyon sou baz ras, koulè, peyi orijin, laj, enfimite oswa sèks. Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-245-5360 (TTY: 711). Kreyòl Ayisyen (French Creole): ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-866-245-5360 (TTY: 711). Members will receive a monthly allowance in the form of a benefits pre-paid card to pay for a wide range of approved groceries, home and pet care supplies and utilities. Unused monthly amounts do not roll over to the next month or year. The benefits mentioned are part of a special supplemental program for the chronically ill. Not all members qualify.

H5594_2024_DVH Flyer_C



Making members shine, one smile at a time (866) 609-0422



Dental Plan Benefits

Optimum Diamond Rewards (HMO C-SNP): 034 Optimum Diamond Rewards COPD (HMO C-SNP): 035

Covered Services:

- Routine Preventive Dental Care (member must use network dental provider).
 Problem focused exams are not considered routine.
- Oral Exams
- Limited Oral Exam Problem Focused exam
- Dental cleaning as determined necessary by treating provider
- ◆ Fluoride Treatment
- Dental X-rays
- ◆ Limited Extraction

Prior Authorization may be required and must be received by a participating dental provider.

*excludes periodontal scaling and root planing and periodontal maintenance.

*You must go to a participating general dentist for all services.

You Pay:

- \$0 for routine comprehensive or periodic exam up to 2 visits each year.
- \$0 for Limited Oral exam -Problem Focused exam up to 2 visits each year.
- \$0 for each cleaning up to 2 visits every year.\$0 for each fluoride treatment
- up to 2 visits every year.
- X-ray: \$0 co-pay for one complete series including bitewings single film per 36 months, bitewings 2 film one per year, bitewing 4 film one per year and panoramic film one per 36 months.
- X-ray: \$0 co-pay for each up to two Occlusal film per year.
- X-ray: \$0 co-pay for one Temporomandibular joint film per year.
- \$0 co-pay extraction of tooth one procedure per year by a general dentist.

Optimum Gold Rewards Plan (HMO): 001, 022, 026 Optimum Gold Plan (HMO): 019

Optimum Diamond Rewards (HMO C-SNP): 028
Optimum Diamond Savings (HMO C-SNP): 030
Optimum Diamond Rewards COPD (HMO C-SNP): 029
Optimum Diamond Savings COPD (HMO C-SNP): 031

Covered Services:

 Routine Preventive Dental Care (member must use network dental provider). Problem focused exams are not considered routine.

Optimum Gold Plus Plan (HMO): 032

- ◆ Limited Oral Exam Problem Focused exam
- Dental cleaning or periodontal scaling and root planing, as determined necessary by treating provider
- Fluoride Treatment
- Dental X-rays
- Diagnostic Services
- Limited Restorative Services
- ◆ Limited Periodontal Services

Prior Authorization may be required and must be received by a participating dental provider.

Gingival irrigation (D4921) and localized delivery of antimicrobial agents (D4391), like Arestin®, are excluded, even though scaling and root planing (D4341 and D4342) and periodontal maintenance (D4910) are covered.

*You must go to a participating general dentist for all services

You Pay:

- ◆ \$0 for routine comprehensive or periodic exam up to 2 visits each year.
- \$0 for Limited Oral exam Problem Focused exam up to 2 visits each year.
- \$0 for each cleaning up to 2 visits every year.
- ◆ \$0 for each fluoride treatment up to 2 visits every year
- X-ray: \$0 co-pay for one complete series including bitewings single film per 36 months, bitewings 2 film one per year, bitewing 4 film one per year and panoramic film one per 36 months.
- X-ray: \$0 co-pay for each up to two Occlusal film per year.
 X-ray: \$0 co-pay for one Temporomandibular joint film
- \$0 co-pay for resin Filling up to 1 per year.
- \$0 co-pay extraction of tooth one procedure per year by a general dentist.
- \$0 co-pay full mouth debridement, one every two years
 \$0 co-pay for 4 total scaling and root planing procedures per year Limited to 1 procedure per
- \$0 co-pay periodontal maintenance up to 2 procedures per year.

quadrant per year.

Optimum Emerald Partial (HMO D-SNP): 016 Optimum Emerald Full (HMO D-SNP): 017 Optimum Platinum Plan (HMO): 002 Optimum Diamond Plan (HMO C-SNP): 036

Covered Services:

- Routine Preventive Dental Care (member must use network dental provider). Problem focused exams are not considered routine.
 Oral Exams
- ▶ Limited Oral Exam Problem Focused exam
- Dental cleaning or periodontal scaling and root planing, as determined necessary by treating provider
- Fluoride Treatment
- Dental X-raysDiagnostic Services
- Limited Restorative Services
- Limited Extractions
- Limited Prosthodontics
- Limited Periodontal Services

Prior Authorization may be required and must be received by a participating dental provider.

Gingival irrigation (D4921) and localized delivery of antimicrobial agents (D4391), like Arestin®, are excluded, even though scaling and root planing (D4341 and D4342) and periodontal maintenance (D4910) are covered.

Core build-up (D2950) is excluded, even though 1 crown is covered. (Crown not covered for plan 002 and 036) *You must go to a participating general dentist for all services.

You Pay:

- \$0 for routine comprehensive or periodic exam up to 2 visits each year.
- \$0 for Limited Oral exam Problem Focused exam up to 2 visits each year.
- ▶ **\$0 for each** cleaning up to 2 visits every year.
- \$0 for each fluoride treatment up to 2 visits every year.
- X-ray: \$0 co-pay for Complete Series including bitewings single film one every 36 months, bitewings 2 film one per year, bitewings 4 film one per year and panoramic film one per 36 months.
- X-ray: \$0 co-pay for each Occlusal film up to two per year
 X-ray: \$0 co-pay for Temporomandibular joint film one per
- \$0 co-pay for resin Filling up to 2 per year.
- \$0 co-pay extraction of tooth two procedure per year by a general dentist.
- \$0 co-pay full mouth debridement one every two years.
 \$0 co-pay Partial or full set of Dentures; 1 set every 5 years.
- \$0 co-pay for Denture relines (upper or lower) 1 per year.
 \$0 co-pay for one porcelain/ceramic or porcelain fused to high noble metal crown per year. (Crown not covered for
- \$0 co-pay for 4 total scaling and root planing procedures per year Limited to 1 procedure per quadrant per year.
 \$0 co-pay periodontal maintenance up to 2 procedures

Optimum HealthCare, Inc. • 1-866-245-5360 • TTY: 711

From October 1 to March 31, we are open 7 days a week from 8 a.m. to 8 p.m. EST. From April 1 to September 30, we are open Monday through Friday, 8 a.m. to 8 p.m. EST.

OPTIMUM HEALTHCARE PLANS COVERED CODE BENEFITS



OPTIMUM HEALTHCARE PLANS COVERED CODE BENEFITS

Code Procedure Description



Code	Procedure Description			
			Optimum Gold Rewards Plan (HMO): 001, 022, 026 Optimum Gold Plan (HMO): 019	Optimum Emerald Partial (HMO D-SNP): 016
			Optimum Diamond Rewards (HMO C-SNP): 028	Optimum Emerald Full
		Optimum Diamond Rewards	Optimum Diamond Savings (HMO C-SNP): 030	(HMO D-SNP): 017 Optimum Platinum
		(HMO C-SNP): 034	Optimum Diamond Rewards COPD (HMO C-SNP): 029	Plan (HMO): 002
		Optimum Diamond Rewards COPD (HMO C-SNP): 035	Optimum Diamond Savings COPD (HMO C-SNP): 031 Optimum Gold Plus Plan (HMO): 032	Optimum Diamond Plan (HMO C-SNP): 036
Diagnostic (exams and x-rays)**		Member Pays	Member Pays	Member Pays
D0120	Periodic Oral Evaluation - Established Patient			
D0140	Limited Oral Evaluation - Problem Focused	\$0	\$0	\$0
D0150	Comprehensive Oral Evaluation - New Or Established Patient	ΨΟ		
D0210	Intraoral - Complete Series Of Radiographic Images	\$0	\$0	\$0
D0330	Panoramic Radiographic Image	ΨΟ	ΨΟ	ΨΟ
D0220	Intraoral - Periapical First Radiographic Image			
D0230	Intraoral - Periapical Each Additional Radiographic Image		\$0	\$0
D0240	Intraoral - Occlusal Radiographic Image	\$0		
D0270	Bitewing - Single Radiographic Image			
D0272	Bitewings - Two Radiographic Images			
D0274	Bitewings - Four Radiographic Images			
D0321	Other Temporomandibular Joint Radiographic Images, By Report	\$0	\$0	\$0
Preventive**		Member Pays	Member Pays	Member Pays
D1110	Prophylaxis - Adult	\$0	\$0	\$0
D1206	Topical Application Of Fluoride Varnish	\$0 \$0	\$0	\$0
D1208	Topical Application Of Fluoride - Excluding Varnish	ΨΟ	Ψ	ΨΟ
Restora	tive**	Member Pays	Member Pays	Member Pays
D2330	Resin-Based Composite - One Surface, Anterior			
D2331	Resin-Based Composite - Two Surfaces, Anterior			
D2332	Resin-Based Composite - Three Surfaces, Anterior			
D2335	Resin - Four Surfaces, Anterior	Not Covered	\$0	\$0
D2391	Resin-Based Composite - One Surface, Posterior	Not oovered		
D2392	Resin-Based Composite - Two Surfaces, Posterior			
D2393	Resin-Based Composite - Three Surfaces, Posterior			
D2394	Resin-Based Composite - Four Surfaces, Posterior			
D2740 D2750	Crown Porcelain Fused to High Noble Metal* Crown Porcelain Fused to High Noble Metal*	Not Covered	Not Covered	\$0 (Crown not covered
00	Transfer and the ring in Mobile Motern			for plan 002 and 036)

Code	Procedure Description			
			Optimum Gold Rewards Plan (HMO): 001, 022, 026 Optimum Gold Plan (HMO): 019 Optimum Diamond Rewards (HMO C-SNP): 028	Optimum Emerald Partial (HMO D-SNP): 016 Optimum Emerald Full
		Optimum Diamond Rewards (HMO C-SNP): 034	Optimum Diamond Savings (HMO C-SNP): 030 Optimum Diamond Rewards	(HMO D-SNP): 017 Optimum Platinum Plan (HMO): 002
		Optimum Diamond Rewards COPD	COPD (HMO C-SNP): 029 Optimum Diamond Savings COPD (HMO C-SNP): 031	Optimum Diamond Plan
		(HMO C-SNP): 035	Optimum Gold Plus Plan (HMO): 032	(HMO C-SNP): 036
Periodontics**		Member Pays	Member Pays	Member Pays
D4341	Periodontal Scaling and Root Planing - Per Quadrant (4 or More Teeth)	Not Covered	\$0	\$0
D4342	Periodontal Scaling and Root Planing - Per Quadrant (1 to 3 Teeth)	1101 0070104	ΨΟ	Ų.
D4355	Full Mouth Debridement To Enable Comprehensive Evaluation And Diagnosis On A Subsequent Visit	Not Covered	\$0	\$0
D4910	Periodontal Maintenance Procedures - Following Active Surgery	Not Covered	\$0	\$0
Removable Prosthodontics**		Member Pays	Member Pays	Member Pays
D5110	Complete Denture - Maxillary*			
D5120	Complete Denture - Mandibular*			
D5130	Immediate Denture - Maxillary*			
D5140	Immediate Denture - Mandibular*			
D5211	Maxillary Partial Denture - Resin Base (Including Any Conventional Clasps, Rests And Teeth)*			
D5212	Mandibular Partial Denture - Resin Base (Including Any Conventional Clasps, Rests And Teeth)*	Not Covered	Not Covered	\$0
D5213	Maxillary Partial Denture - Cast Metal Framework With Resin Denture Bases (Including Any Conventional Clasps, Rests And Teeth)*			
D5214	Mandibular Partial Denture - Cast Metal Framework With Resin Denture Bases (Including Any Conventional Clasps, Rests And Teeth)*			
D5730	Chairside Reline Complete Upper Denture			
D5731	Chairside Reline Complete Lower Denture	Not Covered	Not Covered	\$0
D5740	Chairside Reline Upper Partial			
D5741	Chairside Reline Lower Partial			
Oral and Maxillofacial Surgery**		Member Pays	Member Pays	Member Pays
D7140	Extraction, Erupted Tooth Or Exposed Root (Elevation And/Or Forceps Removal)			
D7210	Extraction, Erupted Tooth Requiring Removal Of Bone And/Or Sectioning Of Tooth, And Including Elevation Of Mucoperiosteal Flap If Indicated*	\$0	\$0	\$0

^{*} Requires a pre-authorization

^{**} Please reference your Explanation of Coverage (EOC) for benefit limitations

^{***} All services must be rendered by a general dentist