# Case & Disease Management Referral Guide

## Complex Nursing Case Management

- To help with care coordination needs
  - Arranging appointments
  - Transportation
  - DME or OTC items
- Trouble following the provider's Care Plan
  - Non-healing wounds
  - Transplant care
  - Dressing change questions

#### Disease Nursing Case Management

- Focus on education regarding disease process
- Prevention of complications from comorbidities
- Diabetes selfmanagement

### Social Work Case Management

- Identify resources for food, shelter, transportation
- Identify Cost assistance programs that can assist with medication co-pays
- Life problems- referral to a Mental Health Specialist

## Dietitian Case Management

- Identify healthy food choices in relationship to a disease process
- Weight loss
- General nutrition advice